

Dojo Class Schedule

Monday

5:00 - 5:50 PM Youth - Beginner/Nov. *Schedule B*
6:00 - 6:50 PM Youth - Int./Advanced *Schedule B*
7:00 - 8:00 PM Youth - Int./Advanced *Schedule A and B*
and All Adults - **Kumite**

Tuesday

4:15 - 4:50 PM Tigers Pre-Karate
5:00 - 5:50 PM Youth - Beginner/Nov. *Schedule A*
6:00 - 6:50 PM Youth - Int./Advanced *Schedule A*
7:00 - 8:00 PM Adult - All Ranks

Wednesday

4:15 - 4:50 PM Tigers Pre-Karate
5:00 - 5:50 PM Youth - Beginner/Nov. *Schedule B*
6:00 - 6:50 PM Youth - Int./Advanced *Schedule B*
7:00 - 8:00 PM Adult Beginner
8:15 - 9:00 PM Youth - Int./Advanced *Schedule A and B*
and Adult Green Belt and Higher - **Kata**

Thursday

9:30 - 10:30 AM Adult Beginner/Novice
4:15 - 4:50 PM Tigers Pre-Karate
5:00 - 5:50 PM Youth - Beginner/Nov. *Schedule A*
6:00 - 6:50 PM Youth - Int./Advanced *Schedule A*
7:00 - 8:00 PM Adult - All Ranks

Saturday

9:15 - 9:50 AM Tigers Pre-Karate
10:00 - 11:00 AM Adult - All Ranks
11:10 - 12:00 PM Youth - Int./Advanced *Schedule A&B*
(blue belt to brown belt)
12:10 - 1:00 PM Youth - Beginner/Nov. *Schedule A&B*
(white belt to green belt)

Beginner = white and yellow belts
Novice = orange and green belts
Intermediate = blue and purple belts
Advanced = brown and black belts



For more information please call
(847) 251-1600

www.TRADITIONALKARATECENTER.com